

## Syosset Central School District

### Health and Safety FAQ

*Update for the 2024-2025 School Year*

#### **Isolation, Quarantine, Close Contacts, Contact Tracing**

- [New York State Department of Health](#) recommends following the updated CDC guidance for when to stay home and when individuals can return to normal activities after respiratory infections including COVID-19, influenza, and RSV:
  - Individuals should stay home and away from others if they have **respiratory virus symptoms** that are not better explained by another cause. These symptoms can include fever, chills, fatigue, cough, runny nose, and headache.
  - Individuals can go back to normal activities when, **for at least 24 hours,** both of the following are true:
    - **Symptoms are getting better overall, and;**
    - **They no longer have a fever without the use of fever-reducing medication.**
  - When going back to normal activities, individuals should take added precautions over the next five days, including taking additional steps for cleaner air, hygiene, masks, physical distancing, and testing when they will be around other people.
- Close contacts of a positive COVID case are not required to quarantine.
- Close contacts are not required to quarantine, therefore the District will not engage in individual contact tracing.

#### **COVID Reporting**

- We will continue to ask that any positive cases of COVID be reported to the District by completing the online COVID reporting tool.

#### **COVID Testing**

- There are currently no COVID testing requirements in place for students and/or staff to attend school.
- For the safety and health of the school community, individuals experiencing possible COVID symptoms are strongly encouraged to take a COVID test and to remain home until they are symptom-free or the cause of their symptoms has been identified as non-COVID related. (i.e., fever or chills, cough, shortness of breath or difficulty breathing, fatigue, muscle or body aches, headache, new loss

of taste or smell, sore throat, congestion or runny nose, nausea or vomiting, and diarrhea).

### **Physical Education & Athletics**

- All Athletics have returned to pre-COVID procedures.
- There is no COVID testing requirement for sports participation.
- For clearance to return to Physical Education or Athletics after a COVID infection, [please complete this form](#) and return it to your school's nurse.

### **Masks**

- Mask wearing is not required and is optional for all students and staff. Student and staff decisions to wear or not to wear masks will be honored and respected.

### **Physical Distance**

- No physical or social distancing protocols will be in place.
- All rooms, furnishings, and student spaces have been returned to pre-COVID set-up.

### **Ventilation, Cleaning and Disinfecting Protocols**

- All schools meet mechanical ventilation requirements.
- All cleaning and disinfecting protocols have returned to pre-COVID health and safety requirements and standards.

### **Building Visitors**

- All pre-COVID procedures for building visitors are in effect.
- All building visitors are required to have an appointment or invitation to visit the school, and must show government-issued identification upon arrival.